



Did you Know we offer FREE Breakfast and Lunch to All Students!



What is served at breakfast and lunch?

Our menus are filled with fresh fruits and vegetables, whole grains, a variety of protein foods and a milk. All menus have a variety of choices including hot entrées, salads, or sandwiches to choose from every day. We also feature local produce weekly and seasonally. Monthly we feature a harvest of the month from local farmers in our cafeteria, Limited Time offers, and Culturally Relevant Meals.

What are the benefits of school breakfast and lunch?

- School breakfast is a great way for the students to start their day off right!
- Studies have shown eating breakfast helps students score higher on tests, have better concentration, better alertness, and improved academic performance.
 - It also helps maintain a healthy weight.



Our school lunch provides a balanced meal and meets one third of the nutrition needs of most children for the day.



Grilled Chicken Berry Salad with Flatbread



Arroz Con Pollo



Crispy Chicken Deluxe Sandwich with LPS own Honey Bee Sauce



Check us out at:



Facebook: LPSPD- Food and Nutrition
Instagram: LPSPDfoodandnutrition

Any questions? Please reach out!
aspooner-gomez@lowell.k12.ma.us